

CURRENT HEALTH STATUS

Exercise	Frequency:	
	Activities:	
Medication	Name	Reason

Systemic/underlying health conditions:

Medical problems diagnosed by other doctors:

Constitutional Health lack of energy, unexplained weight loss/weight loss, change in appetite, fever, night sweats	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Ears, Nose, Mouth, Throat difficulty with hearing, sinus problems, runny nose, post-nasal drip, ringing in ears, mouth sores, loose teeth, ear pain, nosebleeds, sore throat, facial pain, numbness	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Cardiovascular/Circulatory bruising, slow clotting, irregular heartbeat, racing heart, chest pains, swelling in extremities	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Respiratory shortness of breath, night sweats, prolonged cough, wheezing, sputum production, prior tuberculosis, pleurisy, oxygen at home, coughing up blood, abnormal chest x-ray	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Gastrointestinal heartburn, constipation, intolerance to certain foods, diarrhea, abdominal pain, difficulty swallowing, nausea, vomiting, blood in stools, unexplained change in bowel habits, incontinence	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Genitourinary bladder condition/symptoms, prostate condition, decrease in desire, infertility	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Musculoskeletal joint pain, muscle weakness, decreased range of motion, disc injury, scoliosis, stenosis, neuropathy	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Integumentary rash, itching, skin lesion, hair loss, change in skin tone	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Neurologic headaches, visual changes, weakness, sensory changes, numbness/tingling, problems with walking or balance, dizziness, tremor, loss of consciousness, uncontrolled motions	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Psychiatric irritability, depression, anxiety, recurrent bad thoughts, mood swings, hallucinations, addiction	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Endocrine intolerance to heat or cold, menstrual irregularities, frequent hunger/urination/thirst, changes in sex drive	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:
Immunologic autoimmune disease, seasonal allergies, systemic itching, frequent infections	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Describe:

Office use: FS
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